

Beatrice Terni de Gregory

Ph.D Astrophysics



Choroidal thickness measurements: challenges in clinical practices



SIF Congress Bologna 9 – 13 Settembre 2024

Summary

- The context: choroidal thickness measurements in previous works
- Open questions and our goals
- Our work: the first "traditional" manual method
- Second semi-automatic method: challenges and advantages
- Comparison between the two methods (preliminary results)
- Measuring CT variations pre and post the near task
- Future perspectives

The context



S. Khanal 2019

High prevalence of manual methods



A. Amorim de Sousa et al. 2023

High prevalence of manual methods



13 subjects 18 - 30 yrs SD- OCT OPTOPOL MANUAL with 'custom-written'

software

R. Chakraborty et al. 2012

High prevalence of manual methods



100 subjects 21 - 33 yrs EDI-SD- OCT Heidelberg MANUAL adjustment of inferior border CT = TOTAL TICKNESS - RT

KX. Cheong et al. 2018

High prevalence of manual methods



74 celiac 67 healthy EDI-SD- OCT Heidelberg

MANUAL with built-in software

M. De Bernardo et al. 2021

Open questions and our goals

- Not always

repeatable method

- Very time consuming
- Operator biases
- Measurements:
- sub-fovea or vicinities
- CT variations close to

resolution

- Effective, reliable,
- repeatable method
- Less time consuming
- Less operator biases
- Measurements over
- wide range (periphery)
- Comparison between
- pre and post near task

The manual 'traditional' method





Fitting the Retinal center Bruch's membrane and Chorio-scleral interface



Threshold adjusting



Enhancing contrast



Extracting coordinates:

X axis= pixels from 0 to 1566 i.e. 15 mm size

Y axis= CT



Extracting coordinates:

X axis= pixels from 0 to 1566 i.e. 15 mm size

Y axis= CT

Preliminary results: Revo vs ImageJ



Comparison: pre and post near task REVO – MANUAL METHOD



Comparison: pre and post near task *ImageJ – SEMI-AUTOMATIC METHOD*



Future perspectives

- Increase the sample size analysis to enhance the statistics
- Compare time 0 acquisition (Winter 2023) with time 1 and time 2 (each is after 9 months)
- Compare pre and post near task for both methods and maybe evaluate a longer time (maybe 20')
- Improve the technique or developing other methods (i.e. python script ...)

Authors:

- Beatrice.ternidegregory@unimib.it
 - A.obaid@campus.unimib.it
 - Giuliacarlotta.rizzo@unimib.it
 - Erika.ponzini@unimib.it
 - Silvia.tavazzi@unimib.it
 - Fabrizio.zeri@unimib.it
 - Alessandro.borghesi@unimib.it

Thank you