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Comparison of multiple definitions for Ventilator-Associated Pneumonia in patients requiring mechanical ventilation for non-pulmonary conditions: preliminary data from PULMIVAP, an Italian multicentre cohort study

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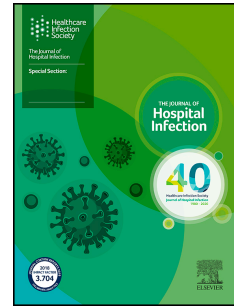
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1 **Comparison of multiple definitions for Ventilator-Associated Pneumonia in patients requiring**
2 **mechanical ventilation for non-pulmonary conditions: preliminary data from PULMIVAP, an**
3 **Italian multicentre cohort study**

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49 **Abstract**

50 **Objectives:** Compare intensivist-diagnosed VAP (iVAP) with four established definitions, assessing
51 their agreement in detecting new episodes.

52 **Methods:** Analysis from multicentric prospective study on pulmonary microbiota in patients
53 requiring mechanical ventilation (MV). Data collected were used to compare hypothetical VAP onset
54 according to iVAP with the study consensus criteria, the European Centre for Diseases Control and
55 Prevention definition, and two versions of the latter adjusted for leukocyte count and fever.

56 **Results:** In our cohort of 186 adult patients, iVAPs were 36.6% (68/186, 95%CI=30.0%-44.0%), with
57 an incidence rate of 4.64/100 patient-MVdays, and median MV-day at diagnosis of 6. Forty-seven
58 percent of patients (87/186) were identified as VAP by at least one criterion, with a median MV-day
59 at diagnosis of 5. Agreement between intensivist judgement (iVAP/no-iVAP) and the criteria was
60 highest for the study consensus criteria (50/87, 57.4%), but still one-third of iVAP was not identified
61 and 9% of patients were identified as VAP against intensivist diagnosis. VAP proportion differed
62 among different criteria (25.2-30.1%).

63 **Conclusions:** Caution is needed evaluating studies describing VAP incidence. Pre-agreed criteria and
64 definitions that capture VAP's evolving nature provide greater consistency, but new clinically-driven
65 definitions are needed to align surveillance and diagnostic criteria with clinical practice.

66
67 **Keywords:** ventilator-associated pneumonia; healthcare-associated infections; mechanical
68 ventilation; diagnosis; critically ill patients; critical care

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74 Introduction

75 Ventilator-associated pneumonia (VAP) represents the most common healthcare-associated infection
76 in the intensive care unit (ICU)[1]. VAP diagnosis has challenged clinicians for over half a century
77 since it was first defined by Johanson et al.[2]. The international centres for disease control and
78 prevention have introduced surveillance-based definitions[3,4], but the debate remains open. Indeed,
79 accurate detection of VAP onset is critical both for epidemiological studies and clinical decision
80 making.

81 We compared intensivist-diagnosed VAP (iVAP) with European surveillance-based definitions in a
82 cohort of patients requiring mechanical ventilation (MV) for non-pulmonary conditions to assess their
83 agreement in detecting new episodes.

84

85 **Methods**

86 Ancillary analysis of data collected in an ongoing multicentre prospective cohort study on pulmonary
87 microbiota of patients undergoing MV (PULMIVAP-study, [clinicaltrials.gov#NCT04849039](https://clinicaltrials.gov/ct2/show/study/NCT04849039),
88 registered by Milan Area 2 Ethical Committee, #533_2019, approval:5 June 2019). The study aimed
89 to investigate a potential association between lung microbiota and VAP. All adult patients admitted
90 to 9 ICUs in Northern Italy between September 2020 and June 2022 were considered for enrollment
91 and followed up to 15 days of MV. Inclusion criteria were MV for non-pulmonary conditions;
92 expected duration of MV>48 hours; and no antibiotic administration in the previous 72 hours.

93 Following a consensus conference involving the nine participating centres, a study criterion
94 (PULMIVAP) was defined for VAP to achieve comparable diagnoses between the centres (**Figure 1**),
95 however, iVAP remained the one considered for patient management. Data collected from each day
96 of MV were used to identify hypothetical VAP onset according to iVAP and four VAP definitions: a)
97 PULMIVAP; b) European Centre for Disease Control and Prevention (ECDC) definition for
98 intubation-associated pneumonia, which describes a subset of patient with pneumonia onset after 48
99 hours of MV [4]; c) modified ECDC for leucocytosis and leukopenia thresholds (ECDC-L); and d)
100 modified ECDC for the definition of fever in patients receiving corticosteroids or non-steroidal anti-
101 inflammatory drugs (ECDC-F) (**Figure 1**).

102 Continuous variables were expressed as median with the first and last quartile (Q1-Q3), while
103 categorical variables were expressed as frequencies and proportions. Appropriate tests made
104 comparisons between VAP and no-VAP patients. We calculated the first VAP incident rate (IR),
105 accompanied by the 95% confidence intervals (95% CI).

106 Further details on methods were reported in **Supplementary material**.

107

108 **Results**

109 A total of 186 patients were included, most intubated for neurological reasons (159/186, 85%).
110 Overall, the median age was 64 years (Q1-Q3:50-73 years) and APACHEII at ICU admission was 16
111 (Q1-Q3:11-21)(**Table S1**). iVAP was diagnosed in 68/186 (36.6%) patients (95%CI=30.0%-44.0%),
112 corresponding to an incidence rate of 4.64/100 patient-MVdays. The first iVAP occurred at a median
113 of 6 days (Q1-Q3:4-7 days), with 92% of episodes diagnosed within day 9 of MV (**Figure S1**).

114 No significant differences emerged between iVAP and no-VAP patients except for gender (female:no-
115 VAP=50% versus iVAP=32%) and MV duration, that was significantly longer in iVAP patients (18
116 vs 10 days). Overall survival at ICU discharge was 79% (147/186), with no marked difference
117 between the two groups (**Table S1**).

118 Microbiological tests were performed in 31/68 (46%) iVAP patients: in 25/31 (80.6%) at least one
119 microorganism was identified. Of note, only 2/47 (4.2%) isolates were multidrug-resistant. *Klebsiella*
120 spp., *Staphylococcus aureus* and *Pseudomonas* spp. accounted for more than half of isolates (25/47,
121 53.1%) (**Figure S2**).

122 Eighty-seven patients (46.7%) were identified as having VAP by at least one criterion, and in 6
123 patients VAP was diagnosed earlier by any criterion than by the intensivist. The median day at VAP
124 was five for all criteria (Q1-Q3:4-7 days, except for ECDC-L, Q3=6 days). PULMIVAP, ECDC,
125 ECDC-F, and ECDC-L definition did not identify 21, 20, 15, and 12 iVAP, respectively (**Figure 2**).
126 Agreement between intensivist diagnosis (iVAP/no-iVAP) and the criteria was highest for
127 PULMIVAP (57.4%), followed by ECDC-F (52.8%), ECDC-L (51.7%) and ECDC (49.4%). The
128 different criteria identified patients with VAP in 8 to 15 cases not diagnosed as iVAP, so the proportion
129 of VAP differed depending on the criteria used, and was 25.2% (47/186) for PULMIVAP, 25.8%
130 (48/186) for ECDC, 28.4% (53/186) for ECDC-F, and 30.1% (56/186) for ECDC-L (**Table S2**). The
131 inflammation criterion (i.e., fever and leukocyte count) was not met in most of the iVAPs not
132 recognised by the different definitions, accounting for 22.1% (PULMIVAP), 27.9% (ECDC-L),
6

133 29.4% (ECDC-F) and 35.3% (ECDC) of discordant cases (**Tables S3-S6**). Overall survival for
134 patients identified as VAP by the criteria differed slightly, and was higher than for those diagnosed by
135 the intensivist, 88.5-89.4% vs 79.1%. (**Table S7**).

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137 Discussion

138 In our cohort of patients requiring MV for non-pulmonary conditions, iVAP and the criteria did not
139 fully overlap in identifying VAP, with a proportion of discordant evaluation of 40% up to 51%,
140 depending on the criterion. iVAP was reported in more than one-third of patients. When available
141 (less than half of the episodes), respiratory cultures were positive in 80% of iVAP. As expected, being
142 the study consensus criteria, PULMIVAP showed the highest concordance, but one-third of iVAP was
143 still not identified, despite the definition being agreed by participants during a meeting at the start of
144 study. In contrast, 9% of patients were identified as VAP contrary to the intensivist's judgment. The
145 other criteria analysed varied slightly in their ability to identify VAP, with ECDC-F showing the
146 highest agreement. Nevertheless, 31-36% of iVAP were not identified, and 13.8-17.2% of episodes
147 were defined as VAP in disagreement with the intensivist diagnosis. The discrepancy between iVAP
148 and the various definitions was mainly due to cases diagnosed by the intensivist that did not meet the
149 inflammation criterion, which includes thresholds for fever and leukopenia/leukocytosis that may not
150 be met in many clinical scenarios. Contrarily, the respiratory and radiological criteria were present in
151 almost all iVAPs.

152 Data comparing different diagnostic algorithms for VAP are lacking. A multicentre study in 13 ICUs
153 involving 244 patients showed that a quarter of VAP was not diagnosed according to the Centers for
154 Disease Control and Prevention's National Healthcare Safety Network (CDC/NHSN) 2008 and 2013
155 definitions[5]. Similarly, a study on 168 MV patients compared the CDC/NHSN definition with the
156 Clinical Pulmonary Infection Score (CPIS) and found a much lower incidence rate of VAP, 5.2/1000
157 vs 13.1/1000 days of MV[6]. A recent prospective observational study of 85 ICU patients[7]
158 compared the ECDC definition with the Johanson criteria, the CPIS and the CDC/NHSN definition.
159 Using the ECDC as the reference standard, the sensitivity and specificity of each diagnostic algorithm
160 were evaluated: CPIS had the highest diagnostic accuracy. In contrast, the sensitivity of the
161 CDC/NHSN was only slightly better than the clinical criteria.

162 There is even less evidence comparing physician diagnosis with defined criteria. The only available
163 study is a retrospective analysis of 66 ICU patients[8] comparing physician diagnosis with the
164 CDC/NHSN definition, the local protocol and an Australasian VAP definition[9]. The physician-
165 diagnosed arm showed significant disagreement with the definitions, both in identifying additional
166 VAP cases and in classifying as VAP a portion of episodes diagnosed by the protocols as no-VAP.

167 Surveillance definitions are primarily designed to ensure comparability of results rather than to
168 support clinical diagnosis. They must therefore be reproducible to serve additional purposes, such as
169 informing public health policy and interventions. Such definitions should not be misinterpreted by
170 clinicians as diagnostic criteria, as this could both lead to under diagnosis or overuse of antibiotics
171 (e.g., treatment of respiratory colonisation). Intriguingly, some authors suggested that
172 misinterpretation of ventilator-associated tracheobronchitis (VAT) may explain these differences in
173 incidence. In this case, recognising VAT as a clinical disease may reduce length of antibiotic exposure
174 and the consequent development of resistance, as well as the increased risk of adverse events[10,11].
175 Our findings may suggest that the disagreement between clinical diagnosis and surveillance
176 definitions in the assessment of VAP is driven by different interpretations of indices such as white
177 blood cell count or fever, which are often ambiguous in the critical patient.

178 A strength of our study is that we collected data prospectively, which ensures “blind” use of
179 prevalence criteria and shows how strict application of definitions can lead to underestimation of the
180 complexity of the patient's clinical picture. Our cohort was restricted to patients without underlying
181 pulmonary disease before MV, which may be a strength, as this is the population in which healthcare-
182 associated infectious complications such as VAP could have the greatest impact. However, this may
183 make our findings less generalisable. Another limitation is that the PULMIVAP study was designed
184 to describe lung microbiota and not to evaluate diagnostic criteria for VAP or outcome measures;
185 therefore, statistical inferences could not be made. In addition, the lack of microbiological sampling

186 likely affected our analysis, although this reflects the real-world scenario in most ICUs, especially
187 those with limited resources.

188 **Conclusions**

189 Given the controversial and volatile nature of VAP diagnosis, pre-agreed criteria, and definitions that
190 capture its evolving nature (i.e., flexible thresholds) ensure the greatest consistency with intensivists
191 diagnosis. Exploring more complex definitions may standardise diagnosis and align surveillance
192 criteria with clinical practice. However, greater flexibility may lead to inconsistencies and
193 classification errors. When evaluating studies describing VAP incidence, care should be taken to
194 consider the definition used for its diagnosis. Prospective studies need consensus criteria to warrant
195 consistent data collection.

196 **Conflict of interest:** the authors declare no conflict of interest.

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222 **Contribution:** LA, EP, LC, and AB conceived the study. LA, EP, and LC wrote the first draft of the
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1 **Figure 1.** Criteria analysed in the study.

	PULMIVAP criteria*	ECDC criteria (2022) ^α	Modified ECDC-L (leucocyte) ^β	Modified ECDC-F (fever) ^γ
Inflammation	Fever >38°C or hypothermia <35°C or Leukopenia (<4,500/mm ³) or leucocytosis (≥10,000/mm ³)	Fever >38°C or hypothermia <35°C or Leukopenia (≤4,000/mm ³) or leucocytosis (≥12,000/mm ³)	Fever >38°C or hypothermia <35°C or Leukopenia (<4,500/mm ³) or leucocytosis (≥10,000/mm ³)	Fever >38°C or hypothermia <35°C or T >37.5°C with concomitant NSAID or corticosteroid use or Leukopenia (≤4,000/mm ³) or leucocytosis (≥12,000/mm ³)
Radiology	Lung consolidation • Chest X-ray • Chest CT-scan • Lung ultrasound	Lung consolidation • Chest X-ray • Chest CT-scan	Lung consolidation • Chest X-ray • Chest CT-scan	Lung consolidation • Chest X-ray • Chest CT-scan
Respiratory	New onset of purulent sputum, or change in character of sputum or decrease in PaO ₂ /FIO ₂ > 100 or need for increased FIO ₂ or need for increased PEEP	New onset of purulent sputum, or change in character of sputum or worsening gas exchange (e.g. O ₂ desaturation or increased oxygen requirements or increased ventilation demand)	New onset of purulent sputum, or change in character of sputum or worsening gas exchange (e.g. O ₂ desaturation or increased oxygen requirements or increased ventilation demand)	New onset of purulent sputum, or change in character of sputum or worsening gas exchange (e.g. O ₂ desaturation or increased oxygen requirements or increased ventilation demand)
Antibiotic	Decision to start a new antimicrobial			

2

3 Legend: CT computed tomography; NSAID Nonsteroidal anti-inflammatory drugs, ECDC European
4 Centre for Disease Control and Prevention

5 * Modified from Centers for Disease Control and Prevention definition of Infection-related
6 Ventilator-Associated Complication and possible ventilator-associated pneumonia (2016)

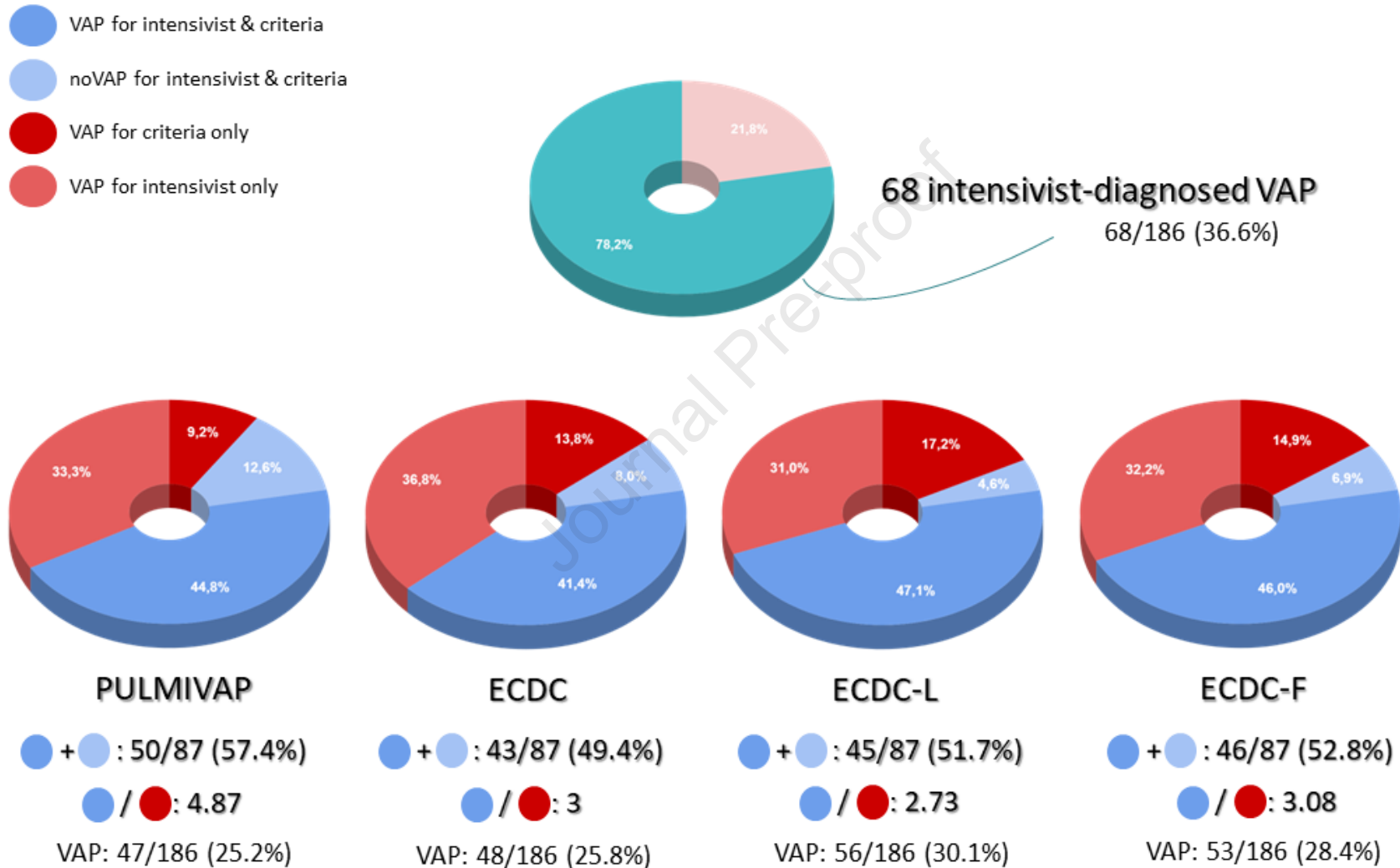
7 ^α ECDC definition for intubation-associated pneumonia, a subset of pneumonia case definition
8 occurring in patients with invasive respiratory device in the 48 hours preceding the onset of infection.
9 Tachypnoea and suggestive auscultation findings were not included since they are not usually
10 applicable to intubated patients

11 ^β ECDC criteria with modified leucocyte count threshold according to CDC definition (2016)

12 ^γ ECDC criteria modified considering the impact of NSAIDs and corticosteroids on body temperature

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1 **Figure 2.** Comparison between intensivist-diagnosed VAP and 4 established definitions in 87 patients with at least one hypothetical VAP event.



- 2 VAP: ventilator-associated pneumonia; PULMIVAP: study criteria; ECDC: European Centre for Disease Control and Prevention definition; ECDC-
- 3 L: ECDC definition with modified leukocyte threshold; ECDC-F: ECDC definition modified for fever

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