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65	Abstract	Infectious endocarditis is a serious disease requiring rapid diagnosis and accurate risk stratification to offer the best therapeutic strategy. Infection of prosthetic valve (PV) and cardiovascular implantable electronic device (CIED) is increasing due to the ageing of the population and the growing number of implants. Foreign material infection remains clinically challenging given the limitation of ultrasound techniques in this context whereas the diagnosis must be precocious. ¹⁸ E-fluorodeoxyalucose positron emission			
		tomography/computed tomography ([¹⁸ F]FDG PET/CT) and radiolabelled leukocytes single-photon emission computed tomography/computed tomography (SPECT/CT) are commonly used for this purpose. In the present article, we summarized the available evidence for the use of nuclear imaging for the evaluation of infectious endocarditis.			
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CARDIAC NUCLEAR IMAGING (A CUOCOLO AND M PETRETTA, SECTION EDITORS)

Radionuclide Imaging of Infective Endocarditis: State of Art and Future Perspective

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Abstract Infectious endocarditis is a serious disease requir-**Q2**11 ing rapid diagnosis and accurate risk stratification to offer the 12best therapeutic strategy. Infection of prosthetic valve (PV) 13and cardiovascular implantable electronic device (CIED) is 1415increasing due to the ageing of the population and the growing number of implants. Foreign material infection remains clini-16cally challenging given the limitation of ultrasound techniques 17in this context whereas the diagnosis must be precocious. ¹⁸F-18 fluorodeoxyglucose positron emission tomography/computed 19tomography ([¹⁸F]FDG PET/CT) and radiolabelled leuko-20 cytes single-photon emission computed tomography/ 21computed tomography (SPECT/CT) are commonly used for 22this purpose. In the present article, we summarized the avail-23able evidence for the use of nuclear imaging for the evaluation 2425of infectious endocarditis.

This article is part of the Topical Collection on Cardiac Nuclear Imaging

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Introduction

Infective endocarditis (IE) remains a deadly disease despite con-31tinuous advances in medical and surgical management [1-3•, 32 4..]. In the recent years, epidemiology of IE has undergone sig-33 nificant changes with increasing number of elderly patients pre-34 senting with degenerative valvular disease, nosocomial infec-35tions, or device-related IE (prosthetic valves (PV), cardiac im-36 plantable electronic devices (CIED)). Though the diagnosis of IE 37 remains challenging, the main advantage of timely diagnosis is 38 the potential to prevent complications such as embolic events, 39 septic complications, and valvular destruction [1]. In daily prac-40 tice, the diagnosis of IE relies on the modified Duke criteria that 41 use typical clinical signs and symptoms and positive blood cul-42tures to reach a definitive diagnosis when the valve/device can be 43shown to be affected on echocardiography (vegetation, abscess 44 or pseudoaneurysm, and new PV dehiscence). However, this 45technique has a sensitivity and specificity of approximately 4680% for native valve endocarditis (NVE) [2]. The diagnostic 47 accuracy is even lower for PVE [3•] or CIED infection [4••], in 48 which echocardiography gives uncertain results in up to 30% of 49cases. The major drawbacks of transthoracic (TTE) and 50transoesophageal (TOE) echocardiography are related to patient 51morphology, instrumental settings, transducer position, operator 52skill, artefacts secondary to calcifications and reverberations of 53metallic structures, and the disease course (less accurate in the 54early stage) [5]. The shortcomings of the diagnosis of IE based 55on morphological changes have triggered an increasing use of 56functional imaging (18 F-fluorodeoxyglucose ([18 F]FDG) 57

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positron emission tomography (PET) and radiolabelled leuko-58cytes single-photon emission computed tomography (SPECT)) 59for the evaluation of the metabolic activity caused by the infec-60 61tion, prior to any structural (morphological) change. When com-62 bined with standard diagnostic tests, functional imaging procedures have been shown to reduce the rate of misdiagnosed cases 63 64 of IE. The recent European Society of Cardiology (ESC) guidelines have incorporated molecular imaging in the diagnostic 65 work-up of PVE, whereas in case of CIED infection, the indica-66 tion is less supported by the literature (recommendation class IIB 67 level of evidence C) [1]. According to the new guidelines, the 68 finding of abnormal [¹⁸F]FDG or radiolabelled leukocyte uptake 69 around PV represents a major Duke criterion, whilst an embolic 70event or infectious aneurysms detected by imaging represents a 71minor criterion. All this has highlighted the major role of the 72imaging specialists as part of the 'Endocarditis Team', in the 73management of IE. In the present article, we summarized the 7475available evidence for the use of nuclear imaging for the evalu-76ation of IE.

[¹⁸F]FDG PET/CT and Radiolabelled White Blood Cell (WBC) SPECT/CT

¹⁸F]FDG PET/CT is a non-invasive imaging technique 79evaluating the metabolic activities of healthy and patho-80 logical tissues. [¹⁸F]FDG is a glucose analogue, which is 81 incorporated by cells with enhanced expression of the 82 glucose transporters (GLUT 1 and GLUT 3), as in pres-83 ence of activated leukocytes, macrophages and CD4⁺ 84 lymphocytes. Once in the cytoplasm, [¹⁸F]FDG is phos-85 phorylated and trapped into the cells [6••]. By the combi-86 nation of [¹⁸F]FDG PET and high-resolution computed 87 tomography (CT), the functional information and the an-88 89 atomical details are entailed in single image [7]. Whole-90 body PET/CT is performed using a single acquisition time-point, generally 45-60 min after intravenous injec-91tion of [¹⁸F]FDG, with an emission time/bed position de-92 pending on the sensitivity of the scanner. The field of 93acquisition is usually derived from oncology studies from 94skull base to mid thighs. The majority of PET/CT studies 9596 consists of a protocol comprising a scanogram/scout scan/topogram and CT-AC. The simultaneous acquisition 97 of a standard diagnostic CT scan with intravenous contrast 98 agent is possible. PET images are visually evaluated to 99 search for area of increased [¹⁸F]FDG uptake, taking into 100consideration the pattern (focal, linear, diffuse), intensity, 101 and relationship to areas of physiologic distribution. PET 102103 information is compared with morphologic information obtained by CT. Semi-quantitative analysis by maximal 104standardized uptake value (SUVmax) or other semi-105106 quantitative parameters is also possible. However, SUV has not been validated in infection [8•]. When [¹⁸F]FDG 107PET/CT is used to diagnose cardiac and pericardiac 108

infection, patient preparation becomes very important 109due to the possible presence of physiologic uptake of 110 ¹⁸F]FDG in normal myocardium (for details about this 111 topic, see the Addendum). The current SNMMI/ASNC/ 112SCCT guidelines recommend preparation with a fat-113 enriched diet lacking carbohydrates for 12-24 h prior to 114 the scan, a 12-18 h fast, and/or the use of intravenous 115heparin approximately 15 min prior to [¹⁸F]FDG injection 116 [9]. To prevent misinterpretation of a positive scan due to 117early imaging after valve implantation, the ESC 118 Guidelines recommend not to consider [¹⁸F]FDG PET re-119 sults in the 3-month period following prosthetic heart 120 valve (PHV) implantation [5] (Table 1). 121

White blood cell (WBC) SPECT/CT imaging uses au-122tologous radiolabelled leukocytes after radiolabelling with 123¹¹¹In-oxine and ^{99m}Tc-hexamethylpropyleneamine oxime 124(HMPAO). Imaging acquisition protocol includes planar 125acquisitions at 30 min (early images), 4-6 h (delayed im-126ages) and 20-24 h (late images) after reinjection of 99mTc-127HMPAO/¹¹¹In-oxine-WBC. A SPECT/CT acquisition is 128mandatory as part of the standard imaging protocol, and 129it is usually acquired at 4-6 h and/or at 20-24 h p.i. ^{99m}Tc-130HMPAO is preferred because more available, provides 131better image quality with lower patients radiation burden 132[6, 10•]. The interpretation of WBC scintigraphy should 133always begin with a visual quality control performed on 134WB images and chest planar acquisitions. The signal ki-135netics between 4 and 6 h and 20-24 h acquisitions is an 136important feature for interpretation: any stable-increased 137uptake intensity or size over time, confirmed at SPECT/ 138CT, is highly suggestive of infection (Table 1). 139

Native Valve Endocarditis

In native valve endocarditis (NVE), the usefulness of func-141 tional nuclear imaging has yet to be demonstrated. Indeed, 142few studies evaluated this specific clinical setting. In a recent 143prospective study concerning 72 patients with bacteraemia 144(Staphylococcus, Streptococcus species and Enterococcus 145species), Kouijzer et al. reported a limited accuracy (sensitiv-146ity 39%, specificity was 93%) of [¹⁸F]FDG PET/CT for diag-147nosing IE. Only two patients had PV in this study [11...]. Other 148smaller studies did not show better results [12••] (Table 2). 149Nevertheless, this technique may allow early detection 150of metastatic infectious disease with a high sensitivity 151(87-100%) and specificity (80%) [12...], at a reasonable 152cost-effectiveness, especially in patients with Gram-153positive bacteraemia [13•]. 154

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^{99m} TC-HMPAO WBC SPECT/CT has been used by Erba et al. in a mixed population (16 NVE and 35 156 PVE) showing that no cases were undiagnosed when either the echography or the blood cultures were positive [14••] (Table 2) (Fig. 1). 159

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	Advantages	Disadvantages
[¹⁸ F]FDG PET/CT "Sensitive imaging technique"	 Higher spatial resolution compared with SPECT Fast images acquisition (80 min with 60 min preparation and 20 min scan time) Decreases cases of "possible IE" and rise-up so-called "defined" endocarditis in PVE and CIED Helps in the diagnosis of deep, superficial or lead in pacemaker's infection Seems to be promising in diagnosis LVAD related infections (even silent events) Detects other sources of fever and/or neoplasia in a single time Seems demonstrating valvular damage before ultrasounds When combined with CTA, provides high spatial provident in the state of the	 Radiation exposure: effective dose ~8 mSv:(4 mSv for an injected dose of 210 MBq ¹⁸F–FDG and ~4 mSv for the low dose CT ^a Poor accuracy with NVE Cannot differentiate infectious from non infectious inflammation and not reliable within 3 months postoperatively for PVE and 6 weeks for CIED No standardized protocols for preparation of patients and acquisition of images – dietary restriction – test uninterpretable in areas with high background activity such as heart when high myocardial uptake Artefacts with heartbeat and breathing Possible false-negatives test in patients with small vegetation (<6 mm) and prolonged antibiotic therapy Possible false-positives in active thrombi, cardiac tumours or metastasis, foreign body reactions, atrial fibrillation and lipomatous hypertrophy
WBC SPECT/CT "Specific imaging technique"	 analyse the coronary artery High positive predictive value and specificity for acute infection: useful in direct post-operative Helps to detect abscesses and paravalvular infections Helps for detecting septic embolism even in asymptomatic patients No false-positives in cardiac infection Later SPECT images acquisition possible with ¹¹¹In-oxine labelled leukocytes, valuable in low-grade infection 	 Radiation exposure higher effective dose with ¹¹¹In-oxine- labelled WBC (~11 mSv) than with ^{99m}Tc-HMPAO-labelled WBC (~3 mSv) ^a Limited spatial resolution May require later images acquisition (24 h with four visits and 2 scans) and multiple appointments Artefacts of metal Handling of blood products False-negatives with Enterococcus and Candida infections (nonpyogenic microorganisms) Effect of antibiotherapy unclear False-positives and false-negatives regarding distant septic embolisms Requires special equipment and not available in several centres & costly

^a Effective dose calculated in an adult male using the "Nuclear Medicine Radiation Dose Tool" of the Society of nuclear medicine and molecular imaging available at http://www.snnmi.org/ClinicalPractice/doseTool.aspx?itemNumber=11216&navItemNumber=11218

160 **Prosthetic Valve Endocarditis**

The rate of prosthetic valve endocarditis (PVE) ranges from 1611-6 to 15%, being higher in revision surgery [15]. 162Conversely to NVE, which is usually limited to the presence 163 of a vegetation, PVE infection generally spread along the 164165sewing ring and leads to peri-annular extension (pseudoaneurysms, abscess) [16]. In a recent prospective study 166concerning 72 patients, Saby et al. showed that adding ab-167normal ¹⁸F-FDG uptake around a PV to the modified Duke 168 criteria at admission increased the sensitivity for definite 169PVE from 70 to 97% (Table 2) [17..]. This result was due 170to a significant reduction in the number of possible PVE 171cases from 56 to 32%. In addition, [¹⁸F]FDG PET/CT 172173allowed detection of valvular damage before ultrasounds [8, 18]. Other smaller studies also confirmed these data 174[12]. More recently, Pizzi et al. reported the incremental 175value of [¹⁸F]FDG PET/CT imaging in association with 176CT-angiography (CTA) over the modified Duke score at ad-177mission for the diagnosis of IE in 75 patients with PV or 178intra-cardiac devices. [18F]FDG PET/CTA offered excellent 179180diagnostic performances (sensitivity 87%, specificity 90%) for the detection of IE. [¹⁸F]FDG PET/CTA in association 181with Duke criteria allowed reclassifying 90% (35/39) of 182

cases initially classified as "possible" IE and provided a more 183 conclusive diagnosis (definite/reject) in 95% (71/75) of cases 184(Table 2). Besides, [¹⁸F]FDG PET/CTA identified a greater 185number of anatomic lesions than PET/CT or echocardiogra-186 phy, many of them relevant for clinical and surgical decision-187 making (pseudoaneurysms, fistulas, thrombosis and coronary 188 involvement) [18]. 189

A clear advantage of CTA in IE patients is the ability to 190assess the entire chest (identification of septic pulmonary 191infarcts and abscesses), the aorta and the coronary arteries 192before contemplated surgery [18..]. Several reports have 193also highlighted the potential added value of radiolabelled 194leukocytes SPECT/CT in the diagnosis of PVE (sensitivity 19564-90%, specificity 36-100%), even in the early post-196intervention phase [14, 19•]. As for [¹⁸F]FDG PET/CT, 197 ^{99m}Tc-WBC SPECT/CT has an excellent positive predic-198tive value for the detection of perivalvular infection and 199abscesses in patients with a suspicion of PVE. In addition, 200the intensity of radiolabelled leucocyte accumulation in 201the perivalvular area detected with scintigraphy represents 202an interesting marker of local infectious activity and ex-203tension. Patients with a mild activity on the first exam 204disappearing on the second imaging evaluation seem to 205have a favourable outcome [19•] (Fig. 2). 206

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	of imaging	: 39% : 93% edictive value: redictive value:	ults of MPAO WBC for sociated with sitive iography or ture, no cases of ture.	: 73% : 80% edictive value: redictive value:	TA : 91% : 90.6% edictive value: redictive value:	: 82% : 96% edictive value: redictive value:	: 93.7% :: 100% edictive value: redictive value:
	Conclusion technique	 Sensitivity Specificity Positive pr 64% Negative p 	 When result of the second secon	 Sensitivity Specificity Positive pr 85% Negative p 	With PET/C • Sensitivity • Specificity • Positive pr 92.8% • Negative p	 Sensitivity Specificity Positive pr 94% Negative p 	 Sensitivity Specificity Positive pr 100% Negative p
d)	Duke criteria + imaging results	 64% of cases of definite IE where PET/CT is positive 18% of definite IE where PET/CT is negative 	 90% of cases of definite IE for whom ⁹⁰ⁿTc-HMPAO WBC was positive 10% of cases of definite IE for whom ⁹⁹ⁿTc-HMPAO WBC was negative 	 73% of cases of definite IE for whom PET/CT was positive 20% of cases of rejected IE for whom PET/CT was positive 8% of casesof definite IE for whom PET/CT was negative 80% of rejected IE for whom PET/CT was negative 	 96% of cases of definite IE for whomPET/CT was positive 97% of casesof rejected IE for whom PET/CT was negative The rate of doubthil cases substantially decreased from 20% to see, with DET/CTA 	 84% of cases of definite IE for whomPET/CT was positive 100% of cases of rejected IE for whom PET/CT was negative PET/CT was false negative in 	 94% of cases of definite IE for whom ^{96m}Tc-HMPAO was positive Two false negative observed in infections by Candida and Enterococcus spp. No false positive
alve, and type of imaging use	Results of imaging technique	 ¹⁸F-FDG PET/CT positive in 11 patients and negative in 61 patients 	• ^{99m} Tc-HMPAO WBC positive in 97 patients and negative in 34 patients	• 36 patients showed abnormal ¹⁸ F_FDG PET/CT	¹¹⁸ F-FDG PET/CT waspositive in 50 patients, negative in 34 and doubtful in 8 cases.	• ¹⁸ F–FDG PET/CT was positive in 26 patients and negative in 54 patients	• 99mrTc-HMPAO WBC was positive 41 patients
nt studies, type of infected ve	Duke criteria	• 18 patients with definite IE and 54 with no definite IE	• 28 patients with definite IE, 55 with possible IE, 48 with rejected IE	 30 patients with definite IE, 22 with possible IE, 20 with rejected IE 	• 29 patients with definite IE.50 with possible IE,13 with rejected IE	• 10 patients with definite IE and 70 patients with possible IE/CIED infection	• 8 patientswith definite IE,13 with possible IE,2 with rejected EI
ected device IE (in bold, releva	Method	 Prospective study ¹⁸F-FDG PET/CT(Standard protocol) Performed with 14 days after first positive blood culture, under antibiotic treatment 	• ^{99m} Te-HMPAO WBCSPECT/CT (Standard protocol)	 Prospective study ¹⁸F-FDG PET/CT (standard protocol) Performed at median time of 6 days or 9 days after antibiotics treatment 	 Prospective study 16 patients with ¹⁸F-FDG PET/CT and 76 with PET/CTA Patient preparation with unfractionated heparin 	 Prospective study ¹⁸F-FDG PET/CT Patient preparation with	• ⁹⁹¹¹ Tc-HMPAO WBC
onal nuclear imaging in susp	Population and suspicious infection site	N: 72 NVE: 69 PVE: 2 CIED: 1	N: 131 NVE: 41 PVE: 90	N: 72 PVE: 72	N: 92 PVE: 67 CIED: 25	N: 80 NVE: 21 PVE: 29 PVE: 29 CIED: 30 (19 pacemakers and 11 defibrillators)	N: 63 CIED: 63
Table 2 Role of functic	Authors (years and reference)	Kouijzer IJ et al. ([11••];13)	Erba PA et al. ([14••]:16)	Saby et al. ([17••]: 19)	Pizzi et al. ([18••]: 20)	Granados U et al. ([22••]:28,	Erba et al. ([23•]: 29)
د ک Springer	t2.2	t2.3	t.2.4	t2.5	t2.6	t2.7	t2.8



Fig. 1 To the left of the picture, transophagic ultrasound showing massive mitral endocarditis on native valve (**a** standard sections; **b** 3D sections). To the right of the picture (**c**), 18 F-FDG PET/CT images (from

left to right; coronal slice, sagittal slice, axial slice) of a patient with a native mitral valve endocarditis (*red arrows*, SUVmax: 4.4)

207 Cardiac Device-Related IE

Cardiac device-related IE (CDRIE)-infection extending to the 208209 electrode leads, cardiac valve leaflets, or endocardial surfaceshould be distinguished from local device infection (pocket/gen-210erator). An incidence of 1.4 per 1000 device-years of definite 211CDRIE has been reported [3•]. As for PV, ^{99m}Tc-WBC 212SPECT/CT and [¹⁸F]FDG PET/CT are able to differentiate 213CDRIE from post-implantation changes (i.e., pocket hematoma) 214and to characterize the extension of the infectious process 215(Fig. 3). [¹⁸F]FDG PET/CT diagnoses pocket infection with a 216good sensitivity (87-91%) and specificity (93-100%). The use 217218of functional nuclear imaging can, therefore, allow the distinction 219 between superficial and deep pocket infection, which necessitates

removal of the generator rather than a medical treatment [21•]. 220The diagnostic accuracy of [18F]FDG PET/CT for lead infections 221is, however, lower (sensitivity 24-100%, specificity 79-100%) 222[12]. Such a finding is mainly related to the small size of the 223vegetations along the leads, which are often under the spatial 224resolution of the system [20]. [¹⁸F]FDG PET/CT in association 225with Duke criteria also allowed reclassifying most of cases ini-226tially classified as "possible" IE [18]. Erba et al. also reported a 227good diagnostic accuracy (94%) of ^{99m} TC-HMPAO WBC 228SPECT/CT for CIED infection and for distinguishing infection 229limited to the pocket or leads from a more severe infection af-230fecting the whole device [23] (Table 2). Therefore, both imaging 231approaches can be of help in patients with suspected CDRIE 232(ESC class IIb recommendations) [5]. 233



Fig. 2 To the left of the picture, transoephagic ultrasound of a mitral prosthesis revealing no obvious anomaly. To the right, $[^{18}F]FDG$ PET/CT images (a coronal slice; b sagittal slice; c axial slice) of a patient with a

PVE showing two foci of FDG uptake in the prosthetic mitral valve (*red arrows*, SUVmax: 4.4; *purple arrows*, SUVmax 3.5)

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Fig. 3 To the left of the picture, transoesophageal ultrasound of a patient with a pacemaker suffering from a fever of undetermined origin; absence of obvious lesion identified. To the right of the picture, [¹⁸F]FDG PET/CT images (**a** maximum intensity projection of PET images; **b**, **c** axial slices)

of a patient with a CIED. Images show a focus of FDG uptake in pacemaker leads in the superior vena cava (**a**, **b** *red arrows*, SUVmax 4.7) and a FDG avid reactive lymph node in the mediastinum (**a**, **c** *green arrows*, SUVmax 5.4)

234 Detection of Metastatic Infectious Events

Embolic events are a frequent and life-threatening complica-235236 tion of IE. They occur in 20-50% of patients and can be totally silent in 20-50% of cases. The brain and spleen are the most 237affected in the left IE while the lungs complicate the right IE, 238239particularly in CDRIE [5]. In the recent ESC guidelines, the imaging detection of septic emboli clearly impacts on the 240Duke score and consequently on the diagnostic certainty of 241242IE (minor criterion) and decision-making. In fact, as reported by several authors, [¹⁸F]FDG PET/CT is capable of detecting 243distant embolic sites (15%) with a reasonable sensitivity (14-244245100%) and specificity (80%), most of which clinically silent (up to 30%), and previously undiagnosed tumours (6.5%), 246many of them in early stages and potentially curable [12, 247 24]. This approach is relatively cost-effective and may avoid 248using additional ionizing radiologic techniques. [¹⁸F]FDG 249250PET/CT is very accurate in organs with low physiological 251uptake, therefore not applicable in ruling out the presence of brain embolism [25•]. Radiolabelled leukocytes SPECT/CT 252shares with PET/CT the possibility of acquiring whole-body 253254images and by performing additional planar and SPECT/CT 255spot images also constitutes an invaluable aid for detecting septic embolism even in asymptomatic patients [14, 23•]. 256

257 Left Ventricular Assist Device Associated Infections

The prevalence of infection and sepsis in left ventricular assist
device (LVAD) patients ranges from 23 to 58%, being associated with a high mortality rate (15–44%) [26]. The major sites
of infection comprise the mediastinum drivelines and device
surface, so called « LVAD endocarditis » [27]. In a recent
retrospective study concerning 31 patients, [¹⁸F]FDG PET/
CT yielded a sensitivity of 100% and a specificity of 94%

for the diagnosis of LVAD infection [28]. Litzler et al. also265highlighted the potential usefulness of radiolabelled leuko-266cytes SPECT/CT in the management of LVAD infection (8267patients) by determining the precise anatomic location and268extent of a suspected infection [26]. The evidence in this set-269ting is, however, still quite limited.270

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Limitations and Technical Considerations

Despite significant advantages, molecular imaging techniques 272still present limitations that would require further developments 273(Table 1). The majority of them are related to the complexity of 274imaging interpretation, particularly when [¹⁸F]FDG is used. In 275fact, several pathological conditions can mimick the pattern of 276focally increased uptake such as non-infected tissue (active 277thrombi, atherosclerotic plaques, vasculitis, tumours, lipomatous 278hypertrophy of the inter-atrial septum, foreign body reactions (i.e. 279BioGlue surgical adhesive used to seal the aortic graft at time of 280surgery)). Timing of imaging in relation to surgical intervention 281still remains an open issue since up to 4-8 weeks, the persistence 282of post-operative inflammatory response with false positive re-283sults is possible. Clear definition of the impact of antimicrobial 284treatment (risk of false negative cases) as well as of blurring 285artefacts has also to be established. In addition, the problem of 286false negative results in presence of small oscillating vegetation 287and metastatic foci <5 mm which are below the threshold of 288detectability/resolution has to be considered as well as the issue 289of radiation burden that might increase when certain protocol for 290imaging acquisition are applied (i.e. retrospective ECG-trigger-291ing) [6, 29]. 292

The best strategy to reduce false positive finding is correct 293 patient preparation and selection. We want to underline, once 294 more, how important is the optimal suppression of physiologic 295 myocardial glucose utilization with (1) high fat, low 296

Fig. 4 Proposed algorithm incorporating nuclear imaging and current guidelines in diagnosis El [1, 6••]





carbohydrate diet for at least two meals with a fast of at least 4 h 297298 prior imaging [24, 30•]; (2) possible use of intravenous unfractionated heparin (50 IU/kg) approximately 15 min prior 299to ¹⁸F-FDG injection [16, 31]. In addition, we also recommend 300 to withdraw of metformin which is associated with intense and 301 diffuse [¹⁸F]FDG uptake in the small and large bowels [32•]; (4) 302 discontinuation/reduction to the lowest possible dose the use of 303 steroid in the 24 h preceding the exam [32•]; (5) avoid the inclu-304 305 sion of patients <3 months of PV implantation [5].

Of note, neither diabetes nor hyperglycemia at the time of 306 the study seems to increase the false-negative rate; a blood 307 308 glucose level below 200 mg/dL might be suggested [32]. At this stage, there is no evidence to routinely recommend anti-309 microbial treatment discontinuation before performing 310¹⁸F]FDG PET/CT. However, the use of antimicrobial should 311 312be taken into account during imaging interpretation since they might affect the intensity of FDG uptake due to their immu-313 nomodulatory effect [7]. Late PET/CT imaging (2-3 h after 314

FDG injection) should be considered in patients when nega-
tive 1-h PET/Ct scan in maximizing the contrast between sep-
tic foci and background [33].315
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As compared to [18F]FDG PET/CT, radiolabelled leukocvte 318 imaging is more time consuming, necessitates in-house leuko-319 cytes labelling with direct handling of blood products, requiring 320 specific experience (and should be performed in trained centres) 321[19, 32•, 34•]. As for [¹⁸F]FDG PET, the major goals of 322 radiolabelled leukocytes SPECT/CT are to minimize tracer up-323 take in normal tissues, while maintaining uptake in target tissues. 324 False positive findings have been described in distant septic 325embolisms (cold spot in spleen/kidney embolism or 326 spondylodiskitis; hot spot in benign or malign process) but not 327 in cardiac infection [14]. False negative scans have been 328observed (1) in patients with small valve vegetation 329 (<6 mm, limit of spatial resolution), (2) in case of IE 330 by some strains (Staphylococcus epidermidis, 331Enterococcus, Candida, Coxiella burnetii) able to form 332

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333 a biofilm limiting neutrophil recruitment at the primary site of IE and the local efficacy of antimicrobial treat-334 ment, (3) in case of drained abscess [14, 32•]. Of note, 335 336 the impact of antibiotic therapy has not been specifical-337 ly examined.

Perspectives and Future Developments 338

339The ideal molecular imaging modality would allow for a reli-340 able detection of infection at an early stage, differentiate infec-341 tion from other causes of inflammation, provide species (causative micro-organism) and resistance information to guide 342optimal therapy and monitor disease progression, contribute to 343 shorten the hospital stay, prevent clinical complications, and 344 reduce the cost of hospitalization. Such an imaging modality 345 would require discovery of pathogenic mechanisms that can 346 347 serve as imaging targets (i.e. fibrin, platelet, granulocytes, 348 etc.), development and validation of new pathogen-specific probes (bacteria-targeted imaging approaches), and implemen-349 tation of technologies that are capable of specific IE detection 350(targeted molecular imaging), combine molecular imaging to 351 352anatomical imaging with high soft-tissue contrast such as PET/ MRI (magnetic resonance imaging) and/or providing detectors 353with higher sensitivity and spatial resolution (i.e. digital PET/ 354355CT and cadium-zinc-telluride camera) [35, 36].

356 Conclusion

Functional nuclear imaging has gained growing interest in 357 358 the diagnosis and management of IE (Fig. 4). Radiolabelled leukocyte SPECT/CT seems to be more 359specific for the detection of IE and infectious foci than 360 ¹⁸F-FDG [¹⁸F]FDG PET/CT. Nevertheless, [¹⁸F]FDG 361 PET/CT is likely the preferred first-line metabolic imag-362 363 ing technique since SPECT/CT is less sensitive, more 364 time consuming and require in-house leukocyte labelling. Radiolabelled leukocytes could be reserved for doubtful 365 cases with PET/CT. Nonetheless, radiolabelled leukocytes 366 367 could be particularly useful in early post-operative period and in NVE. Further research should focus on defining 368 the best protocol and the ideal timing for image acquisi-369 370 tion and on the development of more specific probes.

371 **Compliance with Ethics Guidelines**

372Conflict of Interest Paola Anna Erba reports grants, personal fees and 373 non-financial support from AAA, grants and non-financial support from 374Sigma Tau, personal fees from Springer, non-financial support from 375Gammaservizi, and personal fees and non-financial support from GE 376 Healthcare, outside the submitted work.

377 All other authors declare that they have no conflict of interest. Human and Animal Rights and Informed Consent This article does not contain any studies with human or animal subjects performed by any of the authors. 380

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AUTHOR QUERIES

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